



Welcome to our Clinic!

We are so pleased that you have chosen to join our community. Please take a moment to learn a bit about our clinic.

Our Commitment to you:

Community Style Acupuncture

Acupuncture is performed in a community setting, the way it has been practiced in China for thousands of years. At Meeting Point we have a beautiful semi-private community room with several massage tables and recliners. In this setting several people can receive treatments at the same time; this creates a healing energy (Qi). We talk in low voices in the community room in order to respect privacy. If you ever feel that you don't have enough time to talk to a practitioner, we would be happy to schedule a phone appointment with you.

Flexible Payment

We have a sliding fee scale for people who receive treatments in our community room. Our scale ranges from \$20-\$40 per treatment. You pay what you can. We offer a payment chart for you to reference if you are having trouble deciding what to pay. We do not need proof of your income or financial status; you simply pay what you can on the day you come in. There is an additional \$15 intake fee on your first visit. Our clinic model is designed to make acupuncture an affordable healthcare option for everyone.

Treatment Frequency

Acupuncture is most effective when treatments are frequent. When you begin receiving treatments, we may need to see you two or three times per week, especially if you are experiencing significant pain. This is not to say that you will need to come in that frequently indefinitely; it all depends upon how your body responds to acupuncture and how long you have had the ailment.

Acupuncture takes time. While you may feel some relief from your symptoms after just one or two treatments, it may take some time for big changes to happen. Please be patient with your body!

Private Treatments

We have a private treatment room available for those who prefer that option. In fact, sometimes we recommend that people see us privately for a treatment or two if they need adjunctive therapies like cupping or gua sha, or if they just need more time to talk to a practitioner.



What we ask of you:

Responsibility

We need for you to take responsibility for your own health. Please keep yourself hydrated, especially before your treatments. Please avoid coffee, alcohol, sugar, and greasy foods before and after your treatments. Wear comfortable loose fitting clothing, so that we can easily access your elbows and knees.

Commitment

We ask for a commitment from you to be here when you are scheduled to. By giving us at least 24 hours notice if you can not make your appointment you are showing us that you respect us as practitioners.

Flexibility

The community room is relaxing but is not always quiet. There may be other people receiving treatments while you are relaxing into yours. You may occasionally hear the sounds of other people receiving treatments. Please do your best to tune out distractions and focus on what is happening with you and your body. You are welcome to bring an ipod or pillow from home to help you feel more comfortable.

Community-Mindedness

The community room is a calm and relaxing place because you help to make it that way. To maintain this atmosphere please turn off your cell phone before entering the room! We also ask that you speak softly to maintain privacy.

First Visit

On your first visit you arrive a few minutes early to fill out paperwork, a practitioner greets you and shows you back to the community room. You get comfortable in a chair or on a massage table and the practitioner will spend some time with you answering and asking questions. The practitioner performs an acupuncture treatment and you lay back and relax. Some people even fall asleep. The length of time the needles are left in depends upon your body, some people are done after 15 minutes and others like to have the needles in for over an hour. When your treatment is done (your body will know), just give us a meaningful look, or raise your hand and we will come over and take your needles out. At the end of your treatment your acupuncturist will talk to you about your treatment plan.

Our Mission

Meeting Point Acupuncture is committed to providing the highest quality healthcare experience possible. We strive to make acupuncture an affordable healthcare option for everyone.

Here's to your health!!